



INFOPACK

PRACTICAL INFORMATION NOTES



FOR PARTNERS

POWER ON THE SPOT!

an international training course on local actions to enable young people to discover their potential, in order to participate in a diverse, connected and inclusive Europe

1st – 8th November 2016

Slovakia

Bratislava Region

1 COUNTRY = 2 PARTICIPANTS

WELCOME!

You are in this group, because partners of this project believe that you can benefit from the training course and also the meeting can benefit from you! We also intend to give you the chance to share your experience with others and be the source of enrichment for the other participants.

To achieve this we need to look at some practicalities as well. This is why we have prepared this **survival participants' guide** for you. It will not only help you to answer many questions, but also will help you prepare for the course.

Read the guide carefully and keep it with you during your travel so you can check the information whenever you need to.

MAIN ELEMENTS OF THE TRAINING COURSE

*The training course aims at building up the competences of youth workers, youth representatives and the institutions they represent to **empower young people to discover their potential and to create the conditions for real participation in a diverse, connected and inclusive Europe.***

A focus will be put on activities and measures on local level (e.g. municipal youth parliaments), as well as respective follow-up projects will be fostered. The added value of the project lies in providing additional input to "guiding Amsterdam questions".

OBJECTIVES

- Discovering **EU Presidency concept** and **formulating recommendations for V structured dialogue cycle**
- **Creating tools/e-tools** for V cycle consultations **based on sharing realities of youth participation in the different regions** of Europe
- **Exploring how to empower young people to discover their potential** and how to create the conditions for real participation in society, with a focus on activities and measures on local level (e.g. municipal youth parliaments, student unions, advocacy networks)
- Providing **expert support in fostering of thematic partnerships** (preventing radicalization, violent extremism, hate speech)
- **Developing professional networks** for follow-up initiatives under auspices of Council of Europe's No Hate Speech Movement and EU Structured Dialogue Process

WORKING LANGUAGE

Even though many of you speak different languages, the official training language will be **English only**. You can of course practice other languages in your free time!

APPROACH AND METHODOLOGY

The training course will be based on the **specific needs** of the participants and their organizations and will be **highly participatory**. Diversity, e.g. in the group of participants, will be considered as a resource for the **building-up and transfer of competences**. There will only be few frontal lectures, the main part of the training course will be delivered in the form of practical sessions implemented by the participants in a **learning-by-doing** fashion.

The trainers will take care of creating a **supportive and safe learning environment**, where participants are **encouraged and coached while mastering challenges** that contribute to their **personal, professional and organisational development**. Special attention is paid to making the learning points of the training course **relevant, sustainable and transferable**, e.g. by giving ample room for **reflection and assessment**, by producing **exhaustive documentation** and by providing templates and guidance for **tailor-made development and action plans**.

WHO IS ELIGIBLE TO JOIN?

The final selection resulted in the **selection of 15 partners from 15 different countries**, including the applicants. We made sure to have partner organisations from the following four categories:

- **umbrella organisations & networks** (Belgian African Diaspora Youth Network in Europe, UNCRC Policy Center Cyprus, Estonian Youth for Understanding, Italian EURO-NET, Romanian EuroDEMOS)
- **associations dealing with local participation** (YouthNet - Confederation of Greek Local Youth Councils, Portuguese Adamastor, Bulgarian Youth and Civil Initiatives in the Rose Valley, Czech Hodina H and Dutch SOFA)
- **student unions** (Lithuanian Kaunas University of Technology Students Union)
- **public sector representatives** (Spanish Direccion General de Juventud and Turkish Usak Provincial National Education Directorate)

All nominated **participants** should **meet the following criteria**:

*This training course is targeted at **youth leaders, youth workers and representatives of youth**. Ideally, participants should be **in a position to be able to influence the decision making** of their organisation. Participants must be **aged 18+** and be **residents in the country of the nominating partner organisation**. Participants should be **fluent in English**, and be **willing and committed to work hard** (about 9 hours per day at least). Participation from beginning till the end is mandatory, absence without prior agreement with the organisers leads to expulsion from the programme and cancellation of the reimbursement of travel costs. Participants should furthermore commit to **carry out any preparatory task** asked for by the organisers, and be willing to **follow-up on the training** course via active youth work, ideally in co-operation with their sending/partner organisation.*

CONDITIONS

The KA1 - Mobility of Youth Workers is envisaged to take place from November 1 to November 8, 2016 in Bratislava Region, Slovakia. To finance this activity, a grant has been awarded from the **Slovak National Agency of the EU Erasmus+ Programme**.

PREPARATION

Every national group should prepare:

1. A short presentation about the **state-of-play of the Structured Dialogue Process in your country** (seek relevant information via webpages of your national youth council, European Youth Forum, European Commission etc.). We encourage you to start by watching these two videos - to introduce the process and to get to know priorities of the Slovak Presidency in the field of youth:
 - a. <https://vimeo.com/69176445>
 - b. <https://www.youtube.com/watch?v=d5j0tHbVlkg>
2. A description of one **example of good practice in youth participation** implemented at the **local or regional level** (best will be examples that you know from your own experience).
3. An **energiser** that you use with your group or in your community.
4. **Items representing your country or regional/local food, music, objects, drinks etc.:** During the training, every day two of the participating countries will be responsible for a **cultural coffee break**. Therefore we encourage you to bring some products, objects, music etc. to share with the other participants.
5. **Your NGO materials:** The training is also an opportunity to share with others information about your organization.

PARTICIPATION FEE

Full board, lodging, local transports, all materials and the content of the training course are covered for a **participation fee of EUR 50**. Participants are in charge of arranging their **own insurance for travel and stay in Slovakia**.

The **international travel costs are covered according to the rules of ERAMUS+ KA1** (distance band calculator, 100-499 km = 180 euro, 500-1999 km = 275 euro, 2000-2999 km = 360 euro, 3000- 3999 km = 530 euro, 4000-7999 km = 820 euro).

NEXT STEPS

PLEASE DULY FILL IN THE APPLICATION FORM FOR 2 PARTICIPANTS

BY SEPTEMBER 15. 2016

<https://docs.google.com/forms/d/e/1FAIpQLSf06N6n1CjFAYFYPXoR1-9bAg62VB41-pHRXKndFpTrxqNv9Q/viewform?c=0&w=1>

Please note, that should your nominated participants fail the quality check by the trainers and the project manager, the organisers reserve the right to deny the nomination. In such case, you will be offered a short window of opportunity to find a more suitable replacement. Should you fail to do so, vacant place will be offered to interested individuals from your country.

ABOUT SLOVAKIA

The Slovak Republic lies in central Europe with a population of over five million and an area of about 49,000 square kilometres (almost 19,000 square miles). The Slovak Republic borders the Czech Republic and Austria to the west, Poland to the north, Ukraine to the east and Hungary to the south. Relatively large differences in elevation are characteristic of Slovakia. Central and northern Slovakia is more mountainous. The south and east of the country lie in the lowlands, an important agricultural area in Slovakia. The most important river is the Danube, which connects the capital Bratislava with two European metropolises – Vienna and Budapest. Slovakia is a member state of the European Union, NATO, OECD, WTO, and other international organisations.

Currency EURO (EUR) 1 € = 100 cents

Selected types of goods and services and informative price (€)

Bread (400g)	1,-
Chocolate	0,80
Fruit	1,-
Slovak beer (0,5 l)	1,30
Coffee	1,20

Electricity supply: 220 Volts / 50 Hz, 2-pinned plugs

For your own comfort we suggest you to check the weather forecast before coming to Slovakia on

<http://weather.msn.com/local.aspx?wealocations=wc:LOXX0001&q=Bratislava%2c+SVK>

TRAINERS

MarCus Vrečer - Austrian freelance trainer. MarCus has extensive experience resulting from projects contracted by the European Commission (Youth in Action, Grundtvig, Europe for Citizens, EQUAL), the Council of Europe, the ESF, Austrian Federal ministries, various departments of the municipality of Vienna, as well as by the private sector.

Dean Res - Certified Project Manager at IPMA Level C and SK Erasmus+ Pool of Trainers member. Dean has experience in leading projects focused on local participation, human rights education and regional cooperation; he is also a preparatory team member of the Slovak Presidency of the Council of the EU at Ministry of Education.

CONTACT

We look forward to your early reply. For inquiries and additional information, please contact



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